



**Westfjords Way  
Challenge**



# **July 1** **Borea Stage Three**

→ **Race Week Guide**





# BOREA ADVENTURES

The third stage of the Arna Westfjords Way Challenge is sponsored by [Borea Adventures](#) – a local tour guide that offers adventures in the wild nature of the Westfjords. Borea was created in 2006 and focuses on both short day trips for everyone and anyone, and exclusive expeditions to remote corners of the Arctic.

The company is operated by sailors, climbers, skiers, and sea kayakers that find their inspiration in the unique wilderness that surrounds them.

All the guides are local Icelanders and good friends that have designed each trip to operate in full harmony with nature.

They offer single and multi-day ski, kayaking, biking and hiking tours throughout the Westfjords. Visit their website to learn more and book a tour before or after the race!

# Borea Stage Three

July 1, Vogur Country Lodge to Patreksfjörður

**248 km [154mi] 2,758 m [9,050 ft]. 30% unpaved.**

Stage 3 starts July 1 at Vogur Country Lodge and ends in Patreksfjörður. Today you'll wind through some of the Westfjords most beautiful landscape while enjoying local farms and hot pots. This day features some short punchy climbs before climbing a large mountain pass and dropping into Patreksfjörður.





# Borea Stage Three

## July 1, Vogur Country Lodge to Patreksfjörður

- Borea Stage 3 begins with breakfast at Vogur Country Lodge. Breakfast will be available from 5am to 8am and will include oatmeal, a selection of meat, cheeses, and bread, and Arna lactose-free and vegan products. Grab a Hreysti Batterí sports drink before hitting the road.
  - **Please note that anyone not registered as a racer or volunteer will need to purchase their breakfast.** The cost for each person is 1.700 isk and payment should be made to the accommodation.
- The Reiðhjólaverzlunin Berlin bag transport bag will be parked near the start. Drop off your one bag here.
- Timing for Stage 3 begins as you turn onto the main road from the Vogur Country Lodge driveway.
- Options for food are limited on this remote stretch of coast. For a full meal, the only food stop on this stage is at Hotel Flókalundur. Take a note out of Chris's playbook and strap a pizza to-go onto your rear rack if you don't have enough rations for the rest of the day.
- If you plan to visit the donation based hot pots, please plan on carrying cash to donate. There is no suggested donation amount but anything between 100 and 1.000 isk is reasonable.







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# Borea Stage Three **Cultural Connections**





# CC 12 Flókalundur

## Kilometer 186.7 [Mile 116]



Iceland owes its name to Hrafna-Flóki or Raven-Floki. After a long navigation from Norway, he took land here in Vatnsfjörður fjord (Flókalundur). As a navigational aid, he brought some ravens along, which he let loose at sea, directing him to land (hence the nickname). In the spring, Flóki hiked to a nearby mountain top. When he saw the surrounding fjords full of ice, he announced that this cold and inhospitable place should be called Iceland. There is a hotel at Flókalundur (built in 1966) with a restaurant and gas-station. A natural hot pot can also be found a few kilometers past the hotel down by the sea. There are no facilities at the hot pot, but there are restrooms available inside the hotel.

### Type

Hot pot / Restaurant

### Hours

Hot pot always open. Restaurant open from 8:00 - 20:00

### Price

Hot pot is free, varying price for lunch 1,500 - 3,500 isk

### Directions

The CC flag will be at the hotel on the right side of the race course. Snap your selfie here before partaking in lunch and the hot pot.

### Sponsored By

Unbroken





# CC 13 Birkimelur hot pot

## Kilometer 207.6 [Mile 129]

These two geothermal pools near the Birkimelur Settlement were built by the local youth association in 1948. One is a more “natural” looking hot tub, and the other is a concrete swimming pool which was reconstructed several years ago. If the sky is clear you might be able to catch a glimpse of Snæfellsjökull Glacier which is located in Snæfellsnes Peninsula on the other side of the fjord.

### Type

Hot pot

### Hours

Always open

### Price

Donations accepted (cash only)

### Directions

Right off the road to your left, keep an eye out for the parking lot and shower building.





# CC 14 Barðastrandarsandur beach

## Kilometer 220.5 [Mile 137]

Barðastrandarsandur makes for a perfect nature rest stop. Take a few minutes to walk on the sand and surf backed by towering mountains at this beautiful southern Westfjords beach.

### Type

Beach

### Hours

Always open

### Price

Free

### Directions

Turn left down the gravel road at the CC flag.





# CC 15 Garðar BA 64 shipwreck

## Kilometer 235 [Mile 146]

Garðar BA 64 is the oldest steel ship in Iceland. It dates back to 1912, which is the same year as to when the Titanic sank and met the final fate. Originally known as Globe IV, the ship was built in Norway and was used in the Icelandic waters for whaling. It was finally deemed unsafe for service in 1981, and was run aground in Skápadalur Valley where it remains to this day, rusting and falling apart bit by bit. A visit to this cultural connection provides a unique mix of Icelandic scenery and industrial history.

### Type

Historical landmark

### Hours

Always open

### Price

Free

### Directions

Take a left at the CC flag and travel approximately 3.2 kilometers to the ship





# Borea Stage Three Finish

## Patreksfjörður [Km 247.8 /Mile 154]

Timing for Stage 3 as you pass the N1 sign just as you enter town. From there, navigate to your hotel or the campground is just up the hill to the right. The Community Hall is located at the campground.

The official end of Stage 3 is at the corner of the N1 gas station and Vestur Restaurant as you enter town. The campground is just up the hill and race hotels just down the street. Check-in for the campground is at Vestur Restaurant as they are owned and operated by the same person.

After you settle into your accommodation, head to FLAK! Dinner will be served all night long and will be a traditional Icelandic fish fry with vegan potatoes and vegan salad. There will also be a vegan main course available. Be sure to try some of their FLAK beer, only available at the restaurant.

**Please note that anyone not registered as a racer or volunteer will need to purchase their dinner.** The cost for each person is 3.000 isk and payment should be made to the restaurant.

